

PIEROGI EATING CONTEST RULES FOR CONTESTANTS

You may supply your own beverage which you feel you may need (water, beer, etc) during the 3 minute time period of the contest. No water or other beverage will be provided to you by the staff.

You may open the container and begin eating at the signal of the timekeeper. Paper towels will be provided to you at the table to wipe your face.

When the 3 minute alarm goes off, you must put your hands up and away from your mouth. You can finish chewing what is in your mouth when the alarm goes off, within 15 seconds. If more than one contestant finishes the 20 pierogi within the 3 minute time period, the first to finish chewing and swallowing will be declared the winner. Prizes will be given for first, second and third place.

If any piece of pierogi is ejected outside your mouth in any form during the contest, you will be disqualified and immediately escorted from the table in the interest of fairness to the other contestants. So, please pace yourself so there is no regurgitation.

THANKS CONTESTANTS!!